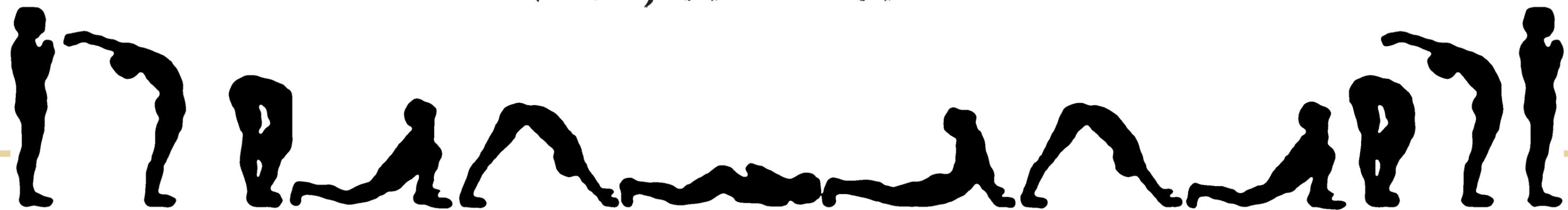
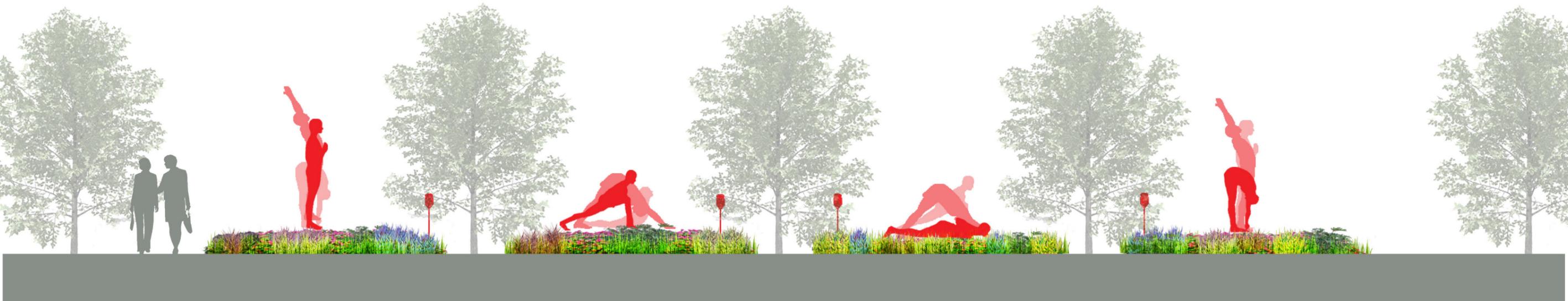
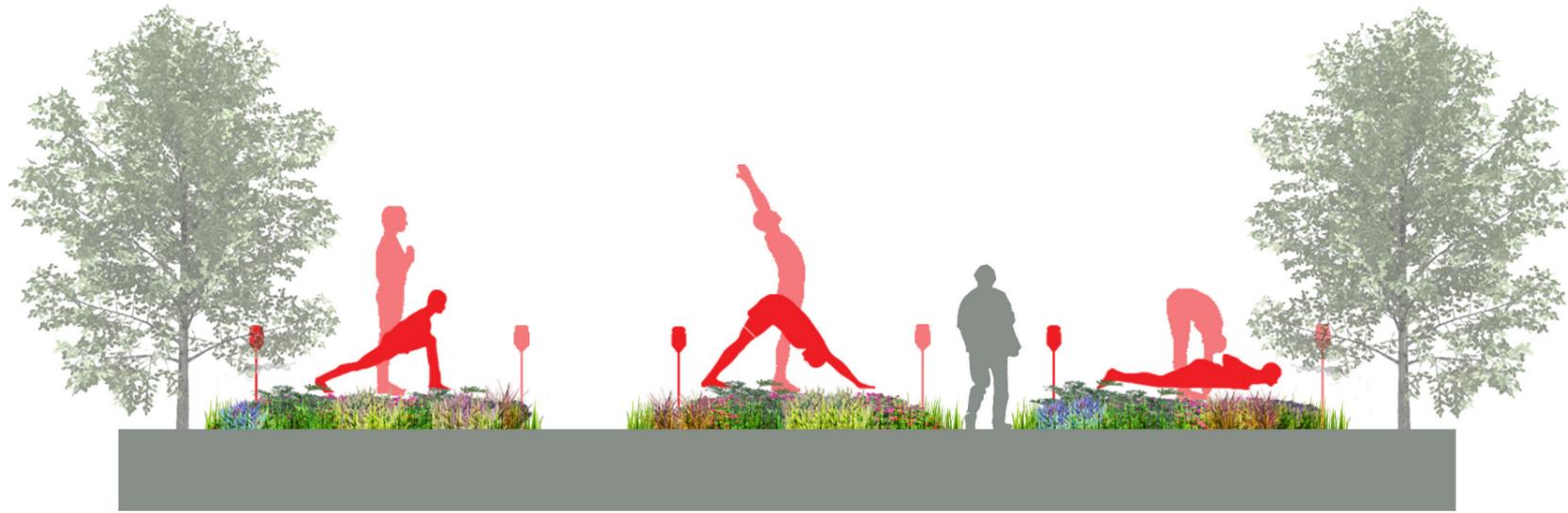


MIND, BODY + SOIL



# MIND, BODY + SOIL



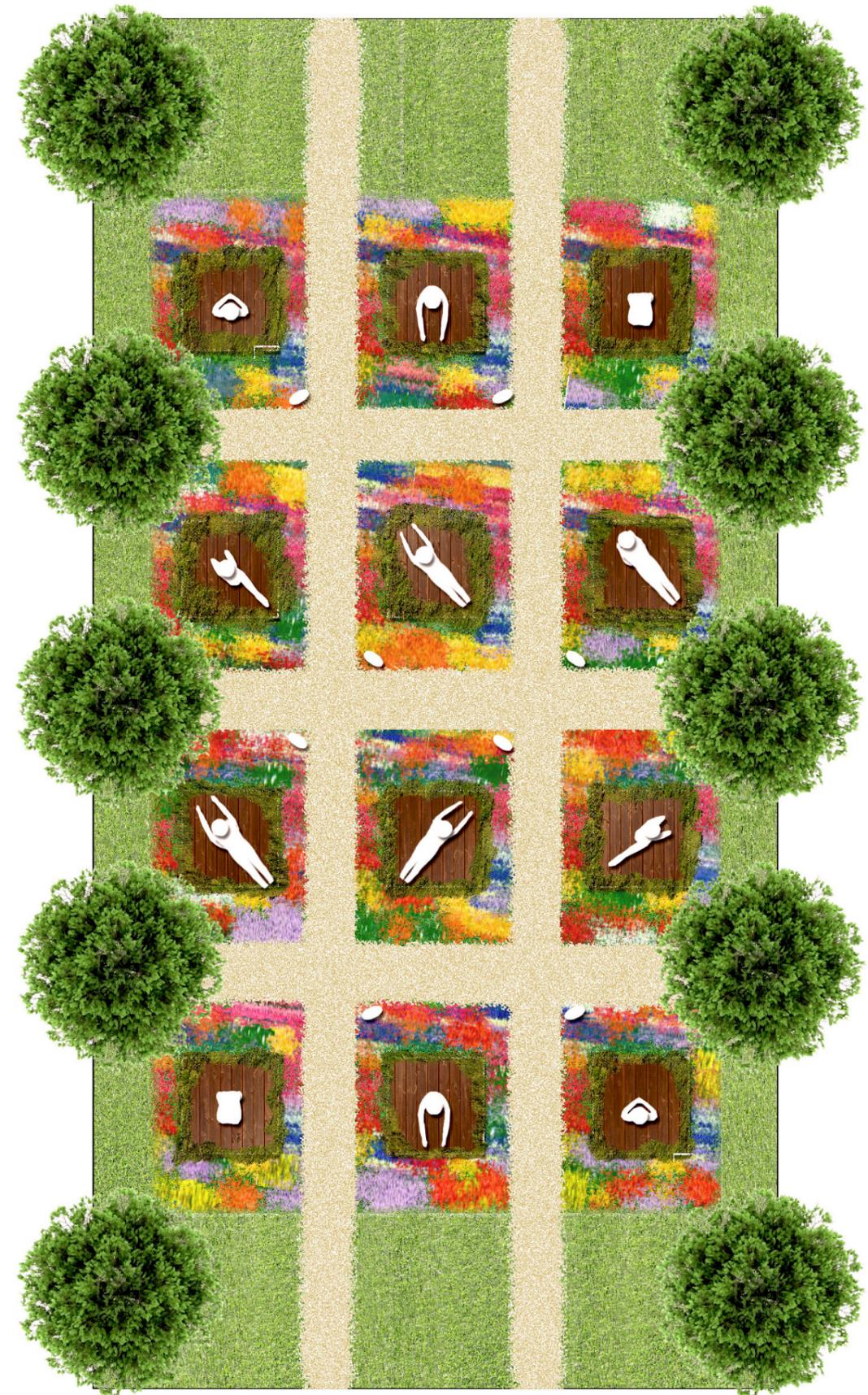
# MIND, BODY + SOIL

“Our bodies are our gardens—our wills are our gardeners.” William Shakespeare.

Like many arts and sciences that are profound, beautiful, and powerful, yoga has suffered from the spiritual poverty of the modern world--it has been trivialized, watered down, or reduced to cliches. The deep and eternal essence of yoga has been misrepresented and packaged for personal profit by clever people. Like Yoga public gardens are a hot commodity with a spiritual value attached to them. Where we see the capitalization of the spiritual and healing sciences we also predict this phenomena contributing to the concept of “pay to be healed” gardens.

Our design creates a yoga healing park. The garden includes a car park grid of yoga platforms with unique mannequins performing the 12 basic poses or asanas. The platforms are positioned within a beautiful healing garden environment with a mixture of flowering plants and healing shrubs. Each platform has a parking meter measuring time with money.

Our concept shows the visitor the future. Eventually people will have to pay for time slots to use plots of garden space to do their meditation and healing. These plots like car parking spaces will be metered and the user pays on a time cost basis. The visitor to our garden will wander around and interact with these yoga asanas and the healing garden contemplating the value of spiritual landscapes but also the future cost of commercialism associated with ancient and beautiful art forms.



# MIND, BODY + SOIL

design elements



Columbine  
 Aquilegia caerulea 'Musik Bleu et Blanc'  
 Columbine  
 Aquilegia caerulea 'Musik Rouge et Or'  
 Columbine  
 Auilegia Sibirica 'Biedermeier'  
 Azalea  
 Rhododendron sp.  
 Day Lily  
 Hemerocallis sp.  
 Iris  
 Iris sp.  
 Common Lilac  
 Syringa sp.  
 Lupin  
 Lupinus 'Gallery blanc'  
 Lupin  
 Lupinus 'Gallery bleu'  
 Lupin  
 Lupinus 'Gallery rose'  
 Lupin  
 Lupinus 'Gallery rouge'  
 Catmint  
 Nepeta racemosa  
 Maiden Pink

Dianthus deltoïdes 'Brilliant'  
 Oriental Poppy  
 Papaver orientale 'Princess Victoria Louise'  
 Blue Poppy  
 Meconopsis betonicifolia  
 Peony  
 Paeonia sp.  
 Japanese Primrose  
 Primula japonica 'Miller'sCrimson'  
 Red Hot Poker  
 Primula vialii 'Miracle'  
 ShrubRosa  
 Rosa 'Bredon'  
 London Pride  
 Saxifraga umbrosa 'Elliot's Variety'  
 Japanese Spiraea  
 Spiraea japonica  
 Wild Thyme  
 Thymus sperpyllum  
 Weigela  
 Weigela florida  
 Knapweed  
 Centaurea sp.  
 Bloody Cranesbill  
 Geranium sanguineum



planting types

# MIND, BODY + SOIL

